



LANCEMORE HILL
AT MACEDON RANGES

Activities Brochure



Team Building Activities

Lancemore Hill offers a variety of challenging , relaxing and even free team building activities, both on our 274 picturesque acres of natural bush and rolling hills, and nearby

Facilities include:

Outdoor swimming pool

Gymnasium

Sauna

Pitch and putt golf

Assorted range of footballs, cricket bats, golf clubs and recreational equipment

Indoor Recreation areas are equipped with:

Pool table

Table tennis

Carpet bowls

An extensive range of games, newspapers, books & magazines.

Are they up for the Challenge?



Photo Scavenger Hunt

A team challenge game designed for delegates of all ages and all levels of fitness. Teams are asked to answer brain-teasing questions, as well as collect various items and find locations around the Lancemore Hill property, using cryptic clues, using business skills such as problem-solving, creativity, time management, prioritization and decision-making. Involves the use of a digital camera per team (we will supply 4 cameras).

Allow 1.5 – 2hrs.

Cost: \$10 per person



Archery

Aim to deliver something different amongst the lawns of Lancemore Hill. For a small to medium sized group, our archery experts can provide all the equipment and entertainment to target the right team building activity for your group.

Cost: \$850 for 1.5 hours (maximum 20 guests)



Laser Skirmish

See who has the guile on your team, or who is just gun-ho... you may be surprised what personalities come to the fore in a game of laser-skirmish. Our bushland is ideal for a fun 1.5- 3-hour session. All equipment is supplied.

Cost: 1.5 hour session \$59.00 per person

2.5 hour session \$69.00 per person



Boot Camp

A great way to wake-up in the mornings, or for an afternoon energiser – either way, your team will be tested and your leaders will come to the fore! A strenuous physical program can be tailored to suit your group.

Cost: POA for personal trainer



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Maybe its time to relax and unwind?



Lancemore Group Wines - Wine Tasting

A great pre-dinner activity, a Lancemore Hill Staff member will take you through the Lancemore Group variety of wines with tasting notes and samples of our range from Sparkling, White to Red. Approximately 30 minutes.

Cost: \$10 per person

Pinot & Petanque

Enjoy a social game of petanque, with an accompanying glass of award winning Lancemore Group Estate Pinot Noir. The perfect end to a working day.

Cost: \$10.00 per person

Yoga/Pilates

Are you looking at raising your team's energy levels, stretching their tired muscles, increasing clarity, or improving concentration, relaxation and calmness? Why not ease into things with Yoga or Pilates on our lawns.

Cost: POA for personal trainer



Massages

There's no better way to relax and unwind than through massage. We can arrange for a masseur to come onsite to pamper your guests and provide a private area for your group to relax in.

Cost: POA

Team Building Activity – Facilitators

Time Out Adventures

we provide a very unique portfolio of activities and entertainment services and our desire is to give you and your group or guests an experience that they can't stop telling their friends and family about!

When it comes to group activities, team building, corporate events, weddings, Bar Mitzvahs, parties or celebrations we have some very exciting entertainment and activities such as Giant Foosball, Segway Team Challenges (Segway Olympic style events), Laser Clay, Pocket Flips, Magic Photo Booth, NextGen Karaoke and much more! We can tailor make an package that meets your requirements. Nothing is ever too hard and you will be surprised by our creativity.

Glen Battershell

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www.timeoutadventures.com.au



MMA

Mischief Motivation Attitude (MMA) provides unique and engaging team building programs that can be tailored to suit your teams needs and help make your conference a great success. They can range from 10 minute conference breakers to full day initiative challenges through to comprehensive team analysis and communication exercises. A team building program with MMA will guarantee your event produces 'Real Outcomes while having some Serious Fun.'

All enquiries, bookings and payments can be made directly to MMA. Please contact Scott, Derek or Shane on 1300 480 990 or via email at info@mmateam.com.au to discuss your needs further



Corporate Challenge

Since 1994 Corporate Challenge has been committed to meeting the team building needs of some of the most progressive companies in the world. Over this time they have developed an array of tailored team building programs and amazing recreational experiences that can be specifically modified to suit your company's aims and objectives, all amongst the grounds of Lancemore Hill.

Specialising in outdoor interactive team building and themed-dinners, Corporate Challenge has established itself as a market leader – now let them challenge your team.

We'd be happy to make arrangement for you, or contact Corporate Challenge directly:

Michael Cromie: (03) 9753 2562 or 0423 570 957

Email: Melbourne@corporatechallenge.com.au Website: www.corporatechallenge.com.au





Giant Foosball (Time Out Adventures)

The popular table game foosball has now been made into a life-size fun activity. This game is very interactive, hilarious to watch and play and best of all you don't need any special skills, just a desire to have fun. What makes it so popular is that it can literally be enjoyed by anyone. You don't need any special sporting skills or athletic abilities. Man woman, child, old or young it doesn't matter your all competing on a level playing field!



Laser Clay (Time Out Adventures)

This is the very best in interactive activities. Regardless of age or skill, you will train your trigger finger and compete on a level playing field with this fun, safe and unconventional twist on clay pigeon shooting. As you set your sights to the sky a disk is released from the conventional launcher. You then test your speed, concentration and predictive skills by firing a modified shotgun's high-tech infrared laser beam at the target. A module scoreboard generates the shotgun "bang" whenever the trigger is pulled. If your aim is on-target, the sound of a crackling disk is reproduced over the scoreboard which signals your success.



The Apprentice (Time Out Adventures)

Modelled after the popular television reality series, "The Apprentice" this is a team building event everyone will enjoy. This action packed activity will require teams to work as a decisive unit as they collaborate and think outside the box. They will need to budget, source materials and complete a product design. Teams will need to demonstrate their marketing and sales prowess if they are to convince the boss that they should be 'Hired' and the rest 'Fired'.

Please see www.timeoutadventures.com.au for more activity options

Teambuilding to Give

Give a dog a home (Corporate Challenge)

Participants solve challenges and work together as a team to build a great kennel for a needy dog.

The day begins by dividing the group into teams. Teams have to solve a series of challenges in order to win the raw materials for the next part of the activity. The biggest challenge yet is to turn these materials into a dog kennel! When finished, each team's masterpiece is appraised and critiqued by an esteemed panel of judges.

Finally, teams discover that the kennels they've built will be going to a selected animal charity, providing shelter for a lost or neglected dog. A representative of the charity presents medals to the winning team. Knowing that the kennels will actually be used to help needy dogs makes all the effort worth while!



Toys for Tykes & Bikes for Tykes (Corporate Challenge)

When they find out the bikes will be donated to a local kids' charity, this fun and challenging exercise takes on a deeper meaning and gives everyone a warm, fuzzy glow. Teams will complete a series of tasks and challenges in order to earn the pieces of their bike. Once all pieces have been collected, building the bike can begin. When the bike is fully built, each team must bring their bike to a qualified mechanic who will give the bike a "once over" and report on any defects to the judges. The first team to have their bike built and approved will be crowned champions for the day.

Once the bikes are complete, each team finds out that their bike is to be donated to a local kids' charity. Medals are presented and the kids collect their bikes.



How to swallow a gold fish (MMA)

Knowing yourself and knowing others -

A key attribute in all high performance teams is the ability of people to recognise each other's behavioural drivers and understand how to use that knowledge to get the most out of every working relationship.

Based on the DISC system of personality profiling, 'Swallowing Goldfish' will engage your team in a stimulating and very enjoyable learning exercise.



Time Creation (MMA)

Encompassing work life balance struggles, time creation and lifestyle skills, “Time Creation” combines humorous anecdotes, practical tips, illusions and a dash of science to create a unique impact. For the personal development and business contributions of your team, it’s the perfect presentation.



Leadership (MMA)

5 sides of the square

Genuine leadership, real leadership has 5 fundamental and universal requirements. The first 4 are all essential ingredients while the 5th is the X factor, the intangible extra that all great leaders have the fifth side of the square.

These apply regardless of the leader’s personal style, the size or nature of the team, the industry, project or timeliness. All leaders will benefit by auditing their own leadership style against this template. Stepping into the five sided leadership square will enrich the lives of the leader and everyone involved in their sphere or influence.



Challenging Dinners

Minute to Win It (Corporate Challenge)

Are you cool, calm and skilful enough to complete these challenges in under 60 seconds? Each challenge uses household items like tissues, spoons, plastic cups and straws and whilst they seem easy you will be surprised how the audience gets going as the official clock ticks down. Challenges only get tougher as the game show continues and teams will need to strategically plan which contestants they will save for last when as everyone must have a go.



A Day/Night at the Races (Corporate Challenge)

A Day at the Races is the ideal indoor interactive team building activity. With real horses, real callers and real jockeys battling it out on the big screen, it's as close to the real thing as you can get. Suitable for any group size, this activity focuses on risk taking, negotiating, strategy development, communication and fun!

QuizXpress (Timeout Adventures)

QuizXpress is just like being in a real life TV quiz show like 'Who wants to be a millionaire'. With state of the art multimedia capabilities, digital projectors and wireless buzzers, QuizXpress is high-octane quizzing that will keep your staff engaged and entertained for hours. The leader board display, creates a real sense of excitement as players and teams get up to the second updates where they sit on the leader board creating a real buzz.





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Take advantage of our Facilities with Free Team Building Activities

Walking/Jogging

The rolling hills and tracks across our property provide some beautiful views of the local country side. We can arrange a personal trainer or provide you with a map.

Cost: Free Of Charge (POA for personal trainer)

Volley Ball

On Lancemore Hill's own sand courts, this may look an easy game, however nothing really is. The challenge is in use of different types of balls... an oversized ball to a very small ball.

A very amusing game for all involved!

Cost: Free Of Charge

Tennis

Lancemore Hill has three flood-lit tennis courts on-site – the perfect way to relax after a long day of concentrating. Racquets and balls available from reception.

Cost: Free Of Charge

Pitch and putt golf

Assorted range of footballs, cricket bats, golf clubs and recreational equipment

Indoor Recreation areas are equipped with:

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Table tennis

Carpet bowls

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